

## NEWSLETTER

April 2018



P.O. Box 746 - South Dennis, MA 02660

[www.retiredmensclub.com](http://www.retiredmensclub.com)

### NEXT MEETING

*April 12, 2018*

Meetings are the second Thursday of each month (except December, July & August) at the Dennis Senior Center, 1045 Rt. 134, E. Dennis at 1:30 PM.

### PRESIDENT'S MESSAGE

Thankfully, we just finished the month of March with all of the inclement weather we have had. March also has other significance since our club was founded in March 1952, which makes us 66 years old. Our founders began the club with only 37 charter members and there were two meetings each month. The principle activity back then was "The Retired Men's Club Chorus" who performed throughout the area for many years. A brief history is included at the back of your 2018 Membership & Bylaws booklet. During that time, we have had 38 presidents who have guided our club and served it well. Unfortunately, in the past two months we have lost two of our past presidents. Ed Eckland passed away on February 2<sup>nd</sup> at the age of 89 and Frank Melanson passed away on March 14<sup>th</sup> at the age of 88. They will both be greatly missed and we thank them for all the contributions that they have made to our club.



Everyone must be pleased that spring has come and hopefully we have seen the end of snow and stormy weather. All of the golf courses will be preparing to open giving us plenty of opportunity to play.

The Golf Committee has been diligently working and has put together a great selection of five courses that you will all enjoy beginning on April 23<sup>rd</sup>. A full listing and a sign-up sheet have been sent out and are included in this newsletter. At the same time, we are entering the last full month of bowling. Many of our bowlers will be returning from Florida and competition will be high as we finish the season.

Brian O'Toole has scheduled Cape Cod Health Care for our April meeting to discuss the importance of advance healthcare decision-making, as we get older, so that our choices can be honored throughout our life.

Gary Merton put together an evening celebrating the Irish at the Loft Restaurant & Bar at the Cove Resort in March. Gary tells me that although they only had 21 eager souls venture out after the big snowstorm, everyone thoroughly enjoyed themselves. Great food, great music, and a lot of camaraderie permeated the night. Gary has been working hard to put together a Boston Duck Tour on May 3<sup>rd</sup> and information is included in the newsletter. As always, our social activities include spouses and/or significant others and I hope that you'll consider signing up for this new and interesting outing.

We have been looking for a member to take over as Chairman of the Sunshine Committee. Uke Piedra is stepping down after writing get well and condolence notes on behalf of the club for the last six years. I am happy to report that one of our new Executive Committee members has agreed to take on this task. Tom F. Murphy will be taking over the responsibilities for the Sunshine Committee. I thank Tom for stepping up to the plate on this endeavor and helping out the club. Many thanks Tom.

In case you missed the March newsletter, I thought I would briefly recap how I plan to conclude each month's President's Letter. Each President has their own trademark as part of our monthly newsletter. I don't have a particular specialty so I thought it might be appropriate to end my monthly message with a meaningful thought and hopefully leave you with something to think about for the next month. As we get older our perspectives on life change. The following is a quote from Ann Landers that gives some meaning to the changes in our life:

"At age 20, we worry about what others think of us. At age 40, we don't care what they think of us. At age 60, we discover they haven't been thinking of us at all."

*Dick Coughlin*



### **Retired Men's Club General Membership Meeting - March 8, 2018**

- Meeting called to order at 1:30 p.m. by VP Charlie Jones
- Singing of *God Bless America* led by Jack Puleo
- Introduction of Brenda Vasquez, new Director of Dennis Senior Center
- Moment of silence for recently deceased members Doug Ide & Ed Guiliani
- Motion & second to waive reading of February meeting minutes
- Treasurer's report: Balance - \$12,261.21
- Events Chair, Gary Merton, reported on a successful Mohegan Sun trip and elaborated on upcoming events (Irish night, Duck Boats, Spring Dinner Dance)
- New member applicants Brian Gunsey, Bob Fulton, Mike Sparks and Lincoln Thurber were introduced to the club and accepted unanimously.
- Membership Chair, Ken Lyman, reported that after terminations (unpaid dues), resignations and four new members, the total membership is 329
- Golf Committee Chair, Charlie Jones, reported that all dates for Spring golf outings are confirmed with Brookside, Ocean Edge, Blue Rock, New Seabury and Captains. Shotgun starts are at 8:30 a.m. Reservations are \$15 per outing; \$40 cash due on the day of each event.
- Bowling Chair, Jack Puleo reported that things are "rolling" along and that details will be forthcoming about the end of the year banquet
- If anyone is not receiving the RMC monthly newsletter, contact John Lynch
- Brian O'Toole introduced guest speaker and former Yarmouth Police Chief now the head of security at Stonehill College, Peter Carnes. Peter explained the current climate in law enforcement and the need for community policing that models trust, integrity and transparency. He further outlined tenets of the President's Task Force on 21<sup>st</sup> Century Policing.
- In the 50/50 drawing - 1<sup>st</sup> prize was \$86; 2<sup>nd</sup> prize was \$43.

Half of the proceeds go to the Charitable Giving Committee.

John Lynch, Co-secretary

## April Guest Speakers



### Quality of Life/Care Planning, Cape Cod

**Donald A. Guadagnoli, MD & Tina Everson Soares, BSN, RN, CHPN**

A key element of the Affordable Care Act, shared decision-making, encourages physicians and patients to collaborate on the treatment decisions, often leading to improved patient satisfaction and a reduction in unnecessary higher-cost options. Care Planning's shared decision-making empowers patients to make informed decisions about the inevitable end-of-life state.

It is a process that supports adults at any age or stage of health in understanding and sharing their personal values, life goals, and preferences regarding future medical care. The process requires communication between patients, their family, and the health care providers, and is best done with consideration of the patient's relationships and culture, which will then drive specific medical treatment decisions that can be recorded in an advanced personal directive.

Cape Cod Healthcare, along with other national, state, and community organizations, are leading a significant effort to highlight the importance of advance healthcare decision-making before it's too late. No matter what age or phase of health, the goal is the best possible care that honors our choices throughout our life.

Cape Cod Healthcare has been recognized as one of the leaders in designing innovative ways to engage and educate the community about what matters most before a time of medical crisis.

## *April Membership Report*



With the addition of 3 new members, one reinstatement and one termination, we now have 329 members in the club.

### NEW MEMBERS (3)

Robert Fulton                      Mary Lynn                      774-392-3428

47 Portside Drive

Mashpee, MA 02649                      [rfulton46@gmail.com](mailto:rfulton46@gmail.com)

Michael Sparkes                      Betsi                      508-596-4400

138 Leisure Green Drive

Mashpee, MA 02649                      [msparkes97@yahoo.com](mailto:msparkes97@yahoo.com)

Lincoln J. Thurber                      Betsy                      774-722-2706

77 Continental Drive

Harwich, MA 02645                      [ljt2oncc@comcast.net](mailto:ljt2oncc@comcast.net)

### REINSTATEMENT (1)

Robert Troxell



(April Membership Report continued)

## TERMINATION(1)

Frank Melanson passed away on March 14. Frank was a past president of the club and had been very active on the golf committee for years. He was 88 and had been a member since 1996. He will be greatly missed by us all!

New membership booklets were handed out at the March meeting and will also be given out at the April meeting. Any remaining booklets will be mailed to members in mid- April.

Ken Lyman

Membership Chairman



## RMC Sunshine Committee

*Tom F. Murphy is the new Chair of the Sunshine Committee. His role is to communicate with infirmed members or, in the case of death, with the deceased family on behalf of the Retired Men's Club. If you know of any member who is in need of cheering up due to an illness, a prolonged recovery or a member who has passed away, please contact Tom.*



## Bowling News

Only two red pin hits and the \$10 prizes this month (both hit this last day). The last day of tournament bowling will be (weather permitting) May 15<sup>th</sup>. The banquet on may 22<sup>nd</sup> at a location to be determined by me when I get off my butt.

Attendance was good despite several still missing "snow birds".

**Jack**



RMC Golf is here! The first of five events scheduled for this spring will be played at the Brookside Club in Bourne on Monday April 23<sup>rd</sup>. If you haven't registered to play, now's the time to do it. Your completed Registration Form and the \$15 registration fee for each event you want to play must be submitted by April 7<sup>th</sup>. The cost of each event is just \$55 (registration fee is included). Complete details of all five tournaments and the Registration Form are included in this Newsletter.

The final event of the Spring season will be played at the Captains Golf Course in Harwich on May 21<sup>st</sup> and will include a "golfers lunch" of barbecued burgers, dogs, chips and a desert at the end of play. Lunch will be in the private Pavilion room. A cash bar will be available.

\*\*\*\*\*

Formats for the events are generally well understood. Play at Blue Rock will Team Greenies – which is a slight modification from normal quota scoring.

Here's how Team Greenie scoring works: A greenie occurs when a player's tee shot finishes on the green in regulation. A greenie is worth 1 point. An additional 1 point is awarded for making par ( 2 points all together). An Additional 2 points for making a birdie (3 points all together). Four points for a hole-in-one (but no additional point for a greenie). No points for bogey or above but can still get the 1 point for a greenie. Scoring will be based around 18 points. For example, if a player has a 9 handicap, he will begin at minus nine points. If that player makes a par (2 points – one for greenie, one for par) his score would move up to minus seven. Likewise, if a player has a 27 handicap, he will begin play with plus nine points and go up from there. Each golfer keeps track of his points. Once earned, points cannot be lost. For example, a player starts at +9 and makes par on the first hole thus earning 2 points for a +11. Even if he makes 17 straight bogeys. he will still finish with +11 points. As always, the team score will be aggregate of the scores earned by all the team members.



RETIRED MEN'S CLUB OF CAPE COD  
2018  
SPRING  
GOLF TOURNAMENTS



<u>Day</u>	<u>Date</u>	<u>Shotgun Start</u>	<u>Course</u>	<u>Format</u>
Monday	April 23	8:30 AM	The Brookside Club	Team Net Score
Monday	April 30	9:00 AM	Ocean Edge Golf Club	Team Quota
Monday	May 7	9:00 AM	Blue Rock Golf Club	Team Greenies
Monday	May 14	8:30 AM	New Seabury Golf Club (Dunes)	1,2,3
Monday	May 21	8:00 AM	The Captains Golf Course (Port)	Two best balls (Net)

Entry fee – all events \$55

A \$15.00 registration fee is required for each event selected and will be credited towards tournament entry fees.

Checks for payment of the \$15 per event Registration Fee should be made payable to:

***Retired Men's Club – Golf***

and sent, along with a completed Registration Form, to:

**Retired Men's Club – Golf**

**P.O. Box 1352 South Dennis, MA 02660**

**REGISTRATION FEES ARE NOT REFUNDABLE IF A PLAYER CANCELS AFTER PLAYER ROSTERS HAVE BEEN SUBMITTED TO THE GOLF COURSE (NORMALLY SEVEN DAYS PRIOR TO THE EVENT)**

Participation by Retired Men's Club members only – sorry, no guests. Carts are required for all players at all events (included in entry fee). Proper golf attire required – collared shirts/no jeans.

Golfers should arrive at the course for check-in at least 45 minutes prior to start time



Entry fee balance due (normally \$40) will be collected by team captains on the day of the event. Cash only; no checks accepted.

In the unlikely event that the number of registered players exceeds a course's capacity, players will be assigned in the order that registrations were received. Standby lists will be maintained as necessary.

When possible, team captains will notify team members if play is cancelled due to weather. If no call was received and there is still doubt, players may call the club's pro shop for status of play.

Registration fees will not be refunded due to weather if the course is open for play.

After a roster is submitted, if an emergency or other circumstance prevents a golfer from playing, the player should notify the Event Chairman and his team captain as soon as possible. If it is the morning of the event, the player should call the course pro shop and ask the person answering to inform our Event Chairman of his change in status.

<u>Event</u>	<u>Pro Shop</u>	<u>Event Chairman</u>	<u>Telephone</u>
The Brookside	508-743-4653	Tony Chiarelli	774-487-0133
Ocean Edge	774-323-6200	Chic Merchant	774-722-4310
Blue Rock	508-398-9295	Bob Greiss	508-774-7668
New Seabury	508-539-8260	Dan Penni	561-309-5073
The Captains	508-896-1716	Rene Guenette	508-398-4927

Registered golfers needing to withdraw prior to player rosters being submitted to the course must contact Dennis Toland, email < [toland44@comcast.net](mailto:toland44@comcast.net) > or (508-385-1381)

# TOURNAMENT REGISTRATION FORM

RETIRED MEN'S CLUB OF CAPE COD

2018

SPRING

GOLF TOURNAMENTS

Name: \_\_\_\_\_

Home Course \_\_\_\_\_ Home Course member number \_\_\_\_\_

USGA Index \_\_\_\_\_ (18-hole) GHIN # \_\_\_\_\_ No Handicap? Average 18-hole score \_\_\_\_\_  
(Members who played 2017 RMC events will have handicaps calculated based on scores from last year's play.)

## The Schedule

<u>Date</u>	<u>Shotgun Start</u>	<u>Course</u>	<u>Location</u>
April 23	8:30 AM	The Brookside Club	Route 28, Bourne
April 30	9:00 AM	Ocean Edge Golf Club	Villages Drive, Route 6A, Brewster
May 7	9:00 AM	Blue Rock Golf Club	Todd Rd, Great Western Rd, S Yarmouth
May 14	8:30 AM	New Seabury Golf Club (Dunes)	off Great Neck Rd, Mashpee
May 21	8:00 AM	The Captains Golf Course (Port)	Freemans Way, Brewster

	Will Play	Registration fee
The Brookside Club	<input type="checkbox"/>	\$15
Ocean Edge Golf Club	<input type="checkbox"/>	\$15
Blue Rock Golf Club	<input type="checkbox"/>	\$15
New Seabury Golf Club (Dunes)	<input type="checkbox"/>	\$15
The Captains Golf Course (Port)	<input type="checkbox"/>	\$15

Number of events selected \_\_\_\_\_ times \$15 per event Registration Fees

Total Amount Due/Enclosed \_\_\_\_\_

Registration fees paid by check only. Make check payable to: *Retired Men's Club – Golf*  
Send check and this completed form to:

Retired Men's Club – Golf  
P.O. Box 1352  
South Dennis, MA 02660

After a roster is submitted, if an emergency circumstance prevents a golfer from playing, the player should notify the Event Chairman and his team captain as soon as possible. If it is the morning of the event, the player should call the course pro shop and ask the person answering to inform our Event Chairman of his change in status. The Event Chairman will return the call.

Registered golfers needing to withdraw prior to player rosters being submitted to the course must contact Dennis Toland (only), email <[toland44@comcast.net](mailto:toland44@comcast.net)> or (508) 385-1381.

# RMC Special Events for 2018

## April Newsletter

*Hi fellow members !!!!*

Dinner Social at the Loft Restaurant. The Blizzard of 2018 didn't stop those brave souls from coming out on March 14<sup>th</sup> to be with members and friends to enjoy a great evening.

It was nice to enter the dining room with Irish music playing. The little leprechaun feet on our tables and elevator was a great touch by the owners.

Hope everyone enjoyed the food and had a great time.

Thank you all for attending.

Next event May 3<sup>rd</sup>, 2018

May 3<sup>rd</sup>.....Boston Duck Tour ..... see flyer and sign-up sheet

Up Coming Events being planned **MARK YOUR CALENDAR !!**

June 13<sup>th</sup>....Spring Dinner Dance at the Sea View Restaurant

Sept 19 tentative date...Third Annual Clam Bake at Swan River Restaurant

Dec 7<sup>th</sup> ....Boston Pops

Dec 13<sup>th</sup> tentative date ....Christmas Luncheon at the Marshside Restaurant

**See you soon !**

*Gary Merton*

**Special Events**



<<>>The Retired Men's Club of Cape Cod Presents!<<>>

# *The Famous Boston Ducks!*

*Featuring the same Ducks used in the Victory Parades for the World Champion Boston Red Sox, New England Patriots & Boston Bruins.*

<>> **May 3, 2018 (Thursday)** <<>

**8:30 AM** Depart this morning from Dennis, on your luxury Silver Fox Coach and travel

## **BOSTON DUCK TOURS!**



to *Boston, the 'Home of the bean and the cod.'* On arrival you will tour the *Boston Common* where you'll view the beautiful *Public Gardens*. A full course luncheon is included at *Boston's famous 'No Name' Restaurant*, located right on the *Fish Pier*. You'll see fishing vessels bringing in their catch! Then you'll take a narrated tour on one of the famous *Boston Ducks*, amphibious vehicles formerly used by the *U.S. Army*. Your narrator will point out all the *Boston sights* and you'll actually take a plunge into the *Charles River* for a brief cruise. If it looks and swims like a duck - then it must be a *Boston Duck!!!*

Arrival home is expected at 5:30 PM with fond memories of your ducky Boston day.

**TOUR DATE:** May 3, 2018 (Thursday)

**TOUR COST:** \$96.00 Per Person

### **TOUR INCLUDES:**

*Boston Duck Tour and Cruise*

*Boston Common Visit*

*Luncheon at the No Name Restaurant*

*Choose Entrée Off Menu: Including Broiled Swordfish, Haddock, Chicken, & Salmon*

*Luxury Silver Fox CD/DVD Motor Coach*

**PLEASE CONTACT:** Gary Merton @ 508.827.7345

*If it swims like a duck and quacks like a duck, then it's a duck!*

**Sign – Up Sheet**

**Retired Men’s Club of Cape Cod**

***BOSTON Duck Tour***

**Thursday May 3, 2018**

**Departs Patriot Square, Route 134, South Dennis at 8:30 AM**

**Returns to Patriot Square at approximately 5:30 PM**

**Members Name**\_\_\_\_\_

**Guest’s Names**

\_\_\_\_\_  
\_\_\_\_\_

**Total Amount Enclosed** \_\_\_\_\_

**\$ 96.00 per person** ( members and guests are the same price )

**Includes Coach Transportation, Boston Duck Tour and Cruise,  
Boston Common Visit**

**Luncheon at the *No Name Restaurant***

**Choose Entree off menu at the restaurant:**

**Including Broiled Swordfish. Haddock, Chicken, and Salmon**

**Send this completed form and your check payable to “The Retired Men’s Club” to:**

**The Retired Men’s Club**

**P.O. Box 746**

**South Dennis, MA 02660**

**( Write “ Boston Duck Tour “ on the envelope )**

**Payment must be in by April 19, 2018**

***Only 55 seats available. Seats assigned by the date payment is received.***



# RMC-Spring Dinner/Dance

*the Sea View*



## June 13, 2018

**Where:** The Sea View Restaurant , West Dennis. MA

**When:** Wednesday, 6/13/2018 [Cocktails 5:45 - Dinner 6:30 PM

**Cost:** \$45.00 per Person ( tax and gratuities included)

**Band:** "Accent Entertainment"

**Entrees:** Roasted Pork Loin with Cranberry Maple Glaze, Crab Cakes with Lobster Sauce or Herb Crusted Breast of Chicken

"All SEATING RESERVED " or "Reserve a Table with Friends"

To reserve a table , please enclose all checks and list names of RMC members & guest on the form below. Maximum 10 people per table.

Send checks and form to : Retired Men's Club of Cape Cod, P.O. Box 746 South Dennis, MA 02660 Mark envelope "Dinner Dance" Last Reservation Date: June 6

**Member & Guest Name:**

**Entree Selection: Pork, Salmon  
or Chicken (list number of each)**

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***The Retired Men's Club of Cape Cod thanks the following  
SPONSORS of our annual "Membership Roster & Bylaws" for  
their continued support***



58 Long Pond Drive  
South Yarmouth, MA 02664

678 Main Street  
Harwich, MA 02645

508-398-2121  
[www.MorrisOConnorBlute.com](http://www.MorrisOConnorBlute.com)

Kevin J. Morris   Neil P. O'Connor   John T. Blute