

OCTOBER 2023



RETIREMENT MENS CLUB OF CAPE COD
P.O. Box 746 - South Dennis, MA 02660

Website Edition



Next Meeting – October 12th @ 1 p.m.

*St. David's Episcopal Church - 205 Old Main St. Yarmouth
(4/10 of a mile from the Cultural Center)*

PRESIDENT'S MESSAGE

Good morning RMC and welcome back to all those who came to our September meeting. We had over 90 members for our first fall session and hope to see much more for our October 12th session. I was unable to get our usual September music to start the fall season but was fortunate in securing them for our October meeting. I want to welcome back the new **Toast and Jam** trio who will be performing on October 12th. **Tim Dickey**, guitar extraordinaire with his array of instruments and of course **Ms. Julie Charland**, songwriter, singer, guitar, and ukulele and presenting **Ms. Alice Malone**, a violinist and well-known fiddler here on the Cape. This group has played all over Cape Cod with great reviews and we should have an exhilarating concert in October. Again, this year all spouses, friends or if you have someone who would like to see what we are all about, please feel free to bring them to the October 12th meeting. All are welcome to come to our musical session this year.

Your Executive Committee has been busy this year getting ready for 2023-24 as golf is almost complete, bowling is up and running, shuffleboard has started to move right along, biking and hiking got a little rain out but should pick up as the weather starts to get a little cooler, but we are tough and we can take it. We also have the new ROMEO group, and a new investment group is starting up.

(President's Message – page 2)

We are also hopeful for a Fall and Winter social get together with our loved ones. Hopefully stay tuned for email blasts of what we are planning and have some fun.

Lastly, as I see that the temperature outside is around 51 degrees, it looks like the summer is finally moving past us and fall is here. Apple picking is in full bloom and the pumpkin patches are full. Halloween is right around the corner. Some of our friends are already getting ready to head south and leave the Cape.

We will miss them. So, I will simply say have a safe and wonderful autumn and hope to see you and your spouses on the 12th for a great fall concert.

George Cappola



General Membership Meeting Minutes

September 14, 2023

- Interim President George Cappola called the meeting to order at 1:00 pm.
- George led us in the pledge of allegiance & Jack Hudson led us in singing God Bless America.
- George requested a moment of silence for Ken Berg who recently passed.
- George said how pleased he is with all the enthusiasm from our members for the new offerings initiated by Gary Gyss and his membership committee in response to the survey of the members.
- The reading of the minutes for the previous meeting was waived.
- Dick Coughlin thanked the members for their participation in the 50/50 raffle each month and indicated that it is that time of the year for the club to donate the proceeds from the raffle to local charities. He said that all members would be receiving a form shortly to submit requests for a donation to a local Cape Cod charity of their choice.
- Lou Ferreira gave the treasurer's report with a balance of \$6,848.18 and the golf account with a balance of \$8,453.85. Motion to accept report as read was made and approved.
- George reported that we are working on having two social functions with wives or significant others during the remainder of 2023. A clambake at the Swan River Restaurant in October and a Holiday Party at The Loft in December. ➡

(RMC September meeting minutes continued)

- Gary Gyss gave the membership report. He reported that we currently have 244 members, up from 230 at the beginning of the year and we have 5 new members at this meeting. They are Steve Lowell, Bill Kelley, Dennis Battles, Daniel Battles, and Rich Bevilaqua. Motion to accept the new members was made and approved. Gary said the shuffleboard group has met 3 times and asked Ron Janosko to say a few words about this. Ron indicated they are planning on playing on Mondays from 2-4 at the Dennis Senior Center. There is a link on the website for this. The biking and hiking groups are also moving along thanks to the help of Steve O'Neil. ROMEO (Retired Old Men Eating Out) will be meeting at Jack's Outback for an inaugural breakfast on Thurs October 19th, time TBD & you need to register on the website. Bocce will begin next spring on Tuesday & Thursday afternoon at the Yarmouth Senior Center, registration required. The Investment Group will be meeting on October 19th from 2-4, registration required.
- Tom Hughes reported that golf was going well. We have three tournaments left and there is still time to register if you have any interest.
- Dick Donovan reported that there is still room for permanent bowlers and there is always room for substitute bowlers if anyone wants to give it a try without committing to every week.
- Paul McDonough reported that we have a musical group (Toast & Jam) performing next month (wives or significant others are invited). He then introduced our speakers, Alice Mitchell & Tom Richardson from the Academy for Lifelong Learning of CC who were recommended by one of our members, Larry Pincus. They spoke about course offerings, how to enroll, and said that the instructors enjoyed teaching there since the students want to be there.
- 50/50 Raffle winners: Paul McGovern \$70, and Jim Barba \$46.
- Meeting adjourned at 2:35 p.m.

Dick Coughlin
Acting Secretary



Next Month: The November general membership meeting guest speaker will be Mike Bernard who managed an executive search firm and has authored four books.



RETIRED MENS CLUB OF CAPE COD

P. O. Box 746 South Dennis, MA 02660

Treasurer's Report

September 30, 2023

	<i>Available Funds</i>	<i>Restricted Funds Donations</i>	<i>Total Funds</i>
Checking Account Balance (Beginning):	6,141.18	707.00	6,848.18
DEPOSITS:	150.00	119.00	269.00
CHECKS/WITHDRAWLS:	(25.00)		(25.00)
Net Change:	125.00	119.00	244.00
Ending Balance:	6,266.18	826.00	7,092.18

SUMMARY		
Receipts:		
Raffle	119.00	
Dues	60.00	
Apparel Sales Disbursements:	90.00	269.00
Meeting Expense		
	(25.00)	
Net Change:		(25.00)
	244.00	244.00

GOLF Account Balance (Beginning):	8,453.85
DEPOSITS: Golf Deposits	420.00
Day of Play Funds	4,130.00
CHECKS/WITHDRAWLS:	
Golf Games Expenses	(5,150.00)
Prizes	(70.13)
Net Change:	(670.13)
Ending Balance:	7,783.72

Financial
Accounting



RMC Charitable Committee

It is that time of the year again when we begin thinking about Charitable Donations that our club makes to needy charitable organizations. The club solicits Charitable Donation Requests during September and October from our members for Cape Cod organizations. Since we are a Cape Cod club, we feel it important to only support local Cape Cod organizations. All requests must be submitted by a member of our club. The Charitable Donations Committee then meets at the end of October/beginning of November to review the requests and make a recommendation to the Executive Committee for charitable organizations to support. The last meeting of the Executive Committee takes place in November since there are no meetings in December. This allows us to disburse the funds to the organizations selected prior to the holiday season. These funds come from our 50/50 raffle each month which many of you graciously participate in and is much appreciated. We did not make any donations in 2020 and 2021 due to COVID and the lack of meetings and thus the lack of funds. We resumed making donations in 2022 in the amount of \$1,400. This year we currently have \$826 available with additional funds coming in for our October and November meetings. Our hope is to have \$1,000 to \$1100 to distribute. In 2022 we donated to the following eight charities: Yarmouth Food Pantry, The Family Pantry of Cape Cod, Cape Cod Times Needy Fund, Latham Centers, The Meals Program at St. David's Episcopal Church, The Alzheimer's Family Support Center of Cape Cod, Duffy Health Center, and Cape Abilities. Please submit your requests as indicated below to the RMC of Cape Cod, Attn: Dick Coughlin, P.O. Box 746, South Dennis, MA 02660.

RMC Charitable Donation Request 2023

Name of Retired Men's Club Member _____

Name of Charity that donation is being requested for:

Address of Charity _____

Purpose Of Charity _____

Any other factors the Committee should consider:

RMC Fall Golf

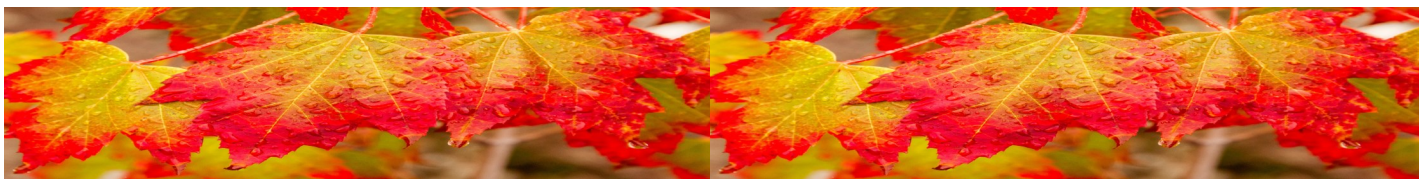
The RMC Fall Golf will wrap up on Monday 10/2, playing at the Cape Club in Falmouth. This fall season saw the addition of a new course, Poquoy Brook, in Lakeville. It was a little bit of a ride and we were restricted to cart paths only which made for a long day, but general sentiment is players would like to give it another try at some point. We played Blue Rock on week two and as always the course was in great shape. Unfortunately, our Fall favorite, Olde Barnstable, was rained out and despite efforts to reschedule, we were not able to pull it off. Our 4th event was Hyannis Golf Club, a late add once we decided not to play Highland Links in Truro. We appreciate Hyannis working with us to add this event so late in the season.

As we mentioned in a previous newsletter, it's important we keep our numbers up for playing RMC Golf, as many of the courses are looking at a minimum number of players to lock in the events. If you're involved and playing, thank you. If you're not playing at this point, keep your eyes open for information about RMC Spring Golf 2024 and consider signing up.



Thanks.

Tom Hughes & Frank Zappulla.



Save the Date

Thursday June 27, 2024

Bus Trip to Patriots Hall of Fame and Debevino Winery





October Membership Report

It is time to pay your 2024 Dues.
Gentleman dues for 2024 are \$ 25.
Kindly send them to:

**RMC
PO Box 746
South Dennis, MA 02660**



Membership remains at 244.

Remember we have an attendance requirement of 3 meetings a year.
Just October and November remain for you to make your requirement.

Gary Gyss
Membership Chair

RMC now on Facebook

We are grateful for the efforts of Bob MacClean, and as a result we now have a Facebook page. At this point we all know how Facebook works (or our wives do).

- Go to Facebook,
- Do a search for Retired Men's Club of Cape Cod. The page will come up.
- Click Follow and the RMC info will show up in your feed.

It is a good opportunity to keep up with the activities of the club, comment on them and even share pictures if you would like to do so.

Let your wives or significant others know so they can follow us as well.



Investment Discussion Group

Registration is now Open
Organization Meeting Thursday October 19

Kings Way Meeting Hall. 2:30-4

Our intention is to meet on the 3rd Thursday of the month at Kings Way. The focus of the club will be on sharing information about stocks, additional investments and economic trends.

If you plan to join, kindly go to the registration page link to sign up.
<https://www.retiredmensclub.com/investment-group-registration.html>
or you can go to the RMC website and click on Investment Group



It is important that you register for set up and organizational purposes.

First RMC ROMEO

Thursday, October 19th 8:30 a.m. @ Jack's Outback

You Must Register: Because of space limitations, we have to let Jack's know in advance how many are coming. We have space for 12 men right now. First come, first served. We need to give Jack's a head count.

Register now.

Go to the ROMEO link at the top of the RMC Home Page

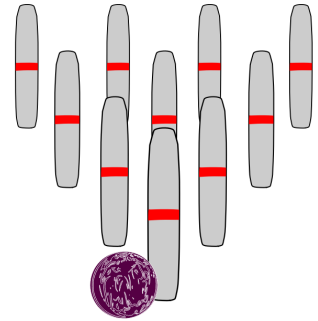
As a reminder, what do ROMEO clubs do? They eat out, have fun and make new friends!

The intent is to share the diversity of our professional backgrounds and life experiences in an enjoyable hour of dialog. All you need is to bring your life's knowledge, some camaraderie and a breakfast appetite.

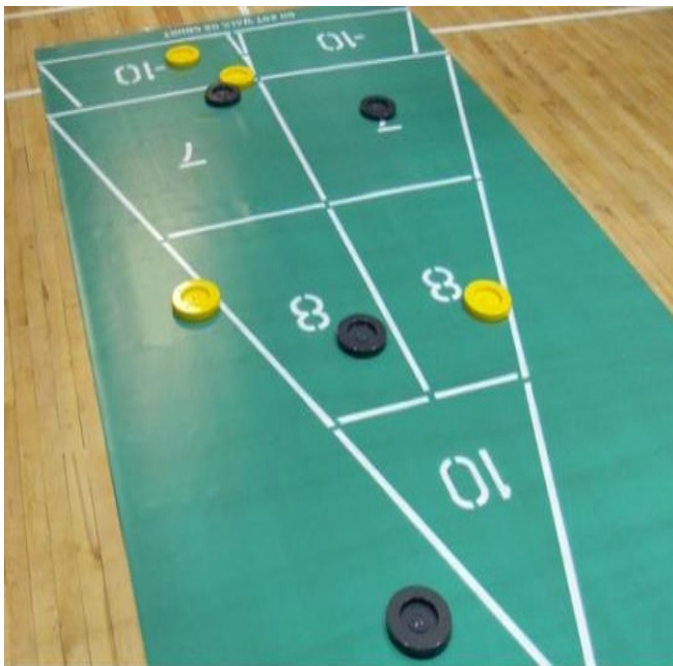
RMC Bowling

Bowling got off to a good start on September 5th. We have not had any "Red Pin" winners yet, but Bob Begin and Jack Puleo have won the 50/50 raffle twice each. Could use a few more bowlers and subs.

Dick Donovan



RMC Shuffleboard



Shuffleboard is off to a good start at the

Dennis Senior Center on Mondays 2-4 pm.

Feel free to join in as the weather gets a little cooler and you are looking for an indoor activity in a climate-controlled environment. You can come either alone or with a spouse or significant other. For reference, to date we have about twice as many male attendees as female - so don't feel you can't attend as a "solo". Also, don't be afraid to try it if you haven't played it before as the folks presently attending are still learning the game in a semi-competitive manner. Go to the sports section on the front page of our website and follow the link to Shuffleboard. It will take you to the registration page. Register today !!!!

Alternatively contact Ron Janosko. Ron.janosko@gmail.com

Sunshine Committee

*If you know any infirmed
RMC member or in the case
of death, please contact*

*Frank Cloran :
ssgcloran27@gmail.com*



*The Retired Men's Club wants to thank
Chapman Funerals for their continued support*

FUNERALS & CREMATIONS

CHAPMAN



Morris O'Connor Chapel

58 Long Pond Drive
S. Yarmouth, MA 02664
508-398-2121

Blute Chapel

678 Main Street
Harwich, MA 02645
508-432-6696

www.chapmanfuneral.com

Formerly known as

Morris, O'Connor & Blute



Funeral Home